

# Bereavement Program

## A Journey from Grief to Healing & Hope

**When: Saturdays March 16, 2019 - May 4, 2019 9:00-10:30 am**

**Where: St Thomas of Villanova Church**

**Route 63 North, Goshen, CT**

**Cost: FREE**

**Pre-Registration is encouraged to assure adequate amount of materials.**

*Grief is like the ocean.*

*It comes in waves.*

*Sometimes the water is calm  
and sometimes... Overwhelming.*

**Sponsored by: The Jeff and Diane Johnson Community Enhanced Fund care of the  
Northwest Connecticut Community Foundation.**

**Goshen Community Care & Hospice**

**Facilitator: Karen Jax Giarnese, RN**

**To Register call: 860-491-HOPE (4673)**

